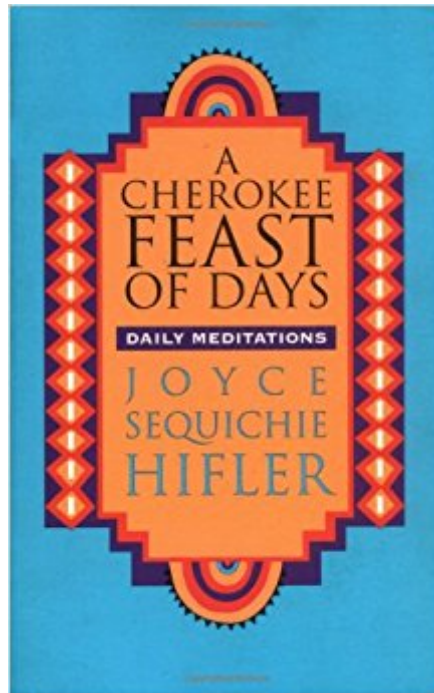




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A Cherokee Feast Of Days: Daily Meditations



Synopsis

Joyce Sequichie Hifler offers a book of daily meditations drawn from her own rich Cherokee heritage and that of other tribes.

Book Information

Series: Cherokee Feast of Days (Book 1)

Paperback: 412 pages

Publisher: Council Oak Books; 1 edition (October 1, 1995)

Language: English

ISBN-10: 0933031688

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Product Dimensions: 5 x 0.8 x 7 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 61 customer reviews

Best Sellers Rank: #155,958 in Books (See Top 100 in Books) #80 in Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic > Native American #225 in Books > Religion & Spirituality > Worship & Devotion > Meditations #343 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Native American Studies

Customer Reviews

"The virtues of patience, compassion, and healing are foremost among the qualities that these enlightened meditations teach."

Joyce Sequichie Hifler offers this beloved collection of daily meditation books drawn from her own rich Cherokee heritage and that of other tribes. She presents readings for each day of the year from 'Una la ta nee' -- the cold month, January -- to 'U Ski' Ya, the snow month of December. Each provides insights in both English and Cherokee, and gems of wisdom recorded in the words of native speakers. This little treasure is for readers of all faiths, and for those seeking faith.

I absolutely love this book, but I'm a little confused, as to why it doesn't have anything for January 5th through the 8th. They're just shaded pages, with an X through them.

This is an amazing book filled with Native American wisdom. You can tell this is the wisdom of a blessed people (in spite of what they may have been subjected to by other, thoughtless human

beings) in communion with the Great Spirit. I LOVE THIS BOOK. If you are looking for wonderful, down to earth, daily inspiration, you cannot go wrong with this sagacious volume.

for closing meditation I use this and Volumes II and III. The readings are the perfect length. My students love it and I am constantly asked where my quotes come from. They tell me the readings really resonate with them. I have used these books for nearly 5 years and am so happy to have them in digital format. I hope the subsequent volumes will be added soon. My only complaint is the formatting on the Kindle (I have the HD 7") In the hardback form it's one reading per page, on the Kindle it loops over to the next so that readings aren't contained on a single page depending on font size.

There is a lot woven into this book. Heart, soul, common sense, ancient wisdom, advice about life that transcends ages, cultures, and different "religious" beliefs. It is not just "light weight" same ole same ole reflections. This is one I do and will turn to time and time again.

The content of the book would be great, if there weren't multiple blank pages where days ought to be. Unfortunately did not flip through every page on receipt to see that this would be the case, and the time allowed to return it passed before realizing there were many days missing. Disappointing.

worked great !

A Cherokee Feast of Days was introduced to me by an incredible woman who helped care for my mother after she had a cerebral hemorrhage that left Mom a bed-ridden invalid in a skilled nursing facility. Cee Cee has been reading A Feast of Days of decades. Her copy is worn from the years of daily reading and circumspection. As we grew to be more comfortable with each other we found we had similar beliefs. In addition to the comfort I find in the daily reading and meditation I find comfort knowing there is someone I love that is reading the exact same passage every day. The peace I find with each daily meditation is priceless.

Absolutely beautiful book. Reading this each day is a blessing to me. Brings peace in an otherwise chaotic world. Highly recommend for anyone interested in Native American wisdom.

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